

# STUDENT GUIDE

Hello!

2024-2025



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“Welcome to this new academic year at the University of Bordeaux, where our commitment is to create an environment where students feel fully represented and supported in their academic and personal journey.”

Mickaël Larivière,  
Student Vice-President

Everything you need to know about the University of Bordeaux and the start of the academic year:

→ [u-bordeaux.fr](https://u-bordeaux.fr)

 [universitedebordeaux](https://www.youtube.com/universitedebordeaux)

 [univbordeaux](https://www.facebook.com/univbordeaux)

 [ubordeaux](https://www.instagram.com/ubordeaux)

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### → OUR CAMPUS & SITES

# ONCE UPON A TIME

our story begins in the year of grace 1441 in the Duchy of Aquitaine. Fast forward nearly 600 years, and the university exists as you know it today! But what exactly is the University of Bordeaux in the 21st century?

## Old is gold

Sure, the University of Bordeaux should be a little over 580 years old, but in reality, it turned 10 this year, Happy Birthday UB!

Happy Birthday,  
UB! 

It officially came into being as you know it on January 1st, 2014. Now it boasts training institutes and colleges:

- Law, Political Science, Economics, and Management
- Health Sciences
- Human Sciences
- Science and Technology
- Graduate Research School
- Bordeaux Institute of Technology
- Institute of Education
- Institute of Vine and Wine Science
- Apprentices Training Centre

## A multidisciplinary education hub

- Nearly 245 national degrees, from vocational to doctoral level
- 70 international programmes at Bachelor, Master, and Doctorate level

## A hub of research excellence

The university isn't just about education; it's also a place that produces knowledge. Most of the teaching community are also researchers.

- 11 research departments comprising 82 laboratories, institutes and technical platforms
- Nearly 50 scientific disciplines

## A global outlook

The university welcomes thousands of international students every year, allowing you to thrive in your studies alongside peers from European and non-European countries.

- Nearly 700 partner universities in over 80 countries worldwide

## Open and welcoming campuses

- > One of the largest campuses in Europe (187 hectares, including 140 hectares of green spaces)
- > Numerous local services on each site
- > Campus France "Bienvenue en France" (3 stars!) label for the quality of international student welcome



## KEY FIGURES



**+52 000** students



**7 200** international students



**8** doctoral schools



**2 000** PhD students

**||** **one of the largest campuses in Europe !**



**28** hectares of sports facilities

**3 200** faculty and researchers, including **800** international researchers



**2 800** administrative staff serving students



**1** university foundation



**31** libraries with more than **5,000** seats



**140** student associations

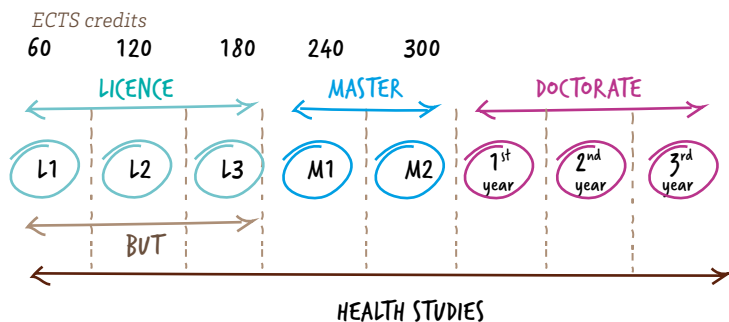


# THE HIGHER EDUCATION SYSTEM

France boasts an internationally renowned and highly accessible system of higher education. Universities confer national degrees (Bachelor, Master, Doctorate) that deliver ECTS, recognised by many countries in the European Union and around the world.

## European Credit Transfer system (ECTS)

Each level is attained by acquiring ECTS. The academic year is divided into two semesters, and the validation of one semester is equivalent to 30 ECTS. The accumulation of credits at the higher education level depends on academic workload, number of course hours and course objectives.



### FIND OUT MORE

For more information about the French Higher Education System and coming to study in France, consult the Campus France website.

→ [campusfrance.org/en](https://campusfrance.org/en)

### EXAMS

Learn about the methods for assessing knowledge and skills (M3C) and review the exam charter

→ [u-bordeaux.fr/en/exams](https://u-bordeaux.fr/en/exams)

## Registration

Whether you are an international student within an exchange programme (or scholarship programme) or outside of an exchange programme, please visit our website to learn all about registration requirements:

- level of education
- level of French
- on-line application
- papers and documents you may need
- etc.

→ [u-bordeaux.fr/en/international/come-to-bordeaux/international-students](https://u-bordeaux.fr/en/international/come-to-bordeaux/international-students)

## Tuition fees 2024/2025

What will you pay as a student of the University of Bordeaux if you wish to register for an undergraduate degree, Master programme or PhD?

- You come from the European Union (EU), the European Education Area (EEA), Switzerland, Monaco or Québec (Canada): You pay the same fees\* as French students.
- You come from a country outside the regions indicated above: you can obtain a partial exoneration of the fees for the duration of your cursus and therefore pay the same fees\* as a French student.

→ [u-bordeaux.fr/en/education/admissions/tuition-fees](https://u-bordeaux.fr/en/education/admissions/tuition-fees)

\* 175 € for an undergraduate programme, 250€ for a Master programme and 391€ for PhD studies.

## PLEASE NOTE

The quality of the student's academic record and/or the economic context of the country of origin will be taken into account with priority given to those from low income and lower middle income countries.

You must also provide an expenditure statement for the CVEC (Student Life and Campus Contribution). The amount is fixed at 103€ (free for scholarship students).

# COME TO FRANCE

## Passport/ID document

All international students who wish to pass the French customs must have a valid passport. For EU citizens, an ID card is sufficient. Passports and ID documents must be valid for the duration of your stay.

## Visa

EU citizens and those from countries within the Schengen area do not need a visa. If you are from outside this zone, you will need a long stay student visa when staying for over 3 months in France, to be obtained prior to your arrival. In this case, please contact the Consulate General of France nearest to you for further information on how to apply and obtain your visa.

## Intra-European procedure

Students who have a resident permit from another EU country may, if part of a European programme or exchange, arrive and stay in France without requesting a visa or French resident permit.

This is only for a limited, non-renewable period and based on the condition that French authorities have been previously notified by the University of Bordeaux about the stay.

## Residence permit

EU citizens and those from countries within the Schengen area do not need a resident permit. If you are from outside the EU and Schengen area, please contact your closest Consulate General of France for information on the residence permit.

More details available on the immigration webpage

→ [u-bordeaux.fr/en/plan-ahead-for-your-stay-in-bordeaux](https://u-bordeaux.fr/en/plan-ahead-for-your-stay-in-bordeaux)



# CHECKLIST - ALL YOU NEED TO KNOW TO FEEL AT HOME!

## 1/ BEFORE ARRIVING

- Read the guide! Especially the "Your studies" section. It covers what you need to know and do for the application/ registration procedures, immigration, accommodation, budget, etc.
- Find and get settled in your accommodation
- Connect to the Buddy Programme website and find yourself a mentor to help with your integration process:  
→ [parrainage.u-bordeaux.fr](http://parrainage.u-bordeaux.fr)

## 2/ FIRST FEW WEEKS

- Introduce yourself to the "Welcome Contacts"!
- Get yourself connected with our ENT system and validate your campus pass account
- Open a bank account
- Sign up for sports and cultural activities
- Take out a subscription with the TBM, the Public Transport Network of Bordeaux
- Find out about French classes
- Don't forget to validate your long-stay visa (VLS-TS) with the OFII within 3 months of arriving in France :  
→ [administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/](http://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/)

## 3/ FIRST FEW MONTHS

- Contact your student associations of interest and get involved!
- Find out about Bordeaux and its surrounding region and make the most of your stay in one of the most beautiful places in France if not the world!

# QUIZ

## Which type of student are you?



This quiz will reveal aspects of yourself and help you discover exciting opportunities. Ready to explore your student personality?

### 1. To start, what was your personality like in high school?

- △ Always there to help others and listen to your friends after a breakup
- ◇ Best athlete in PE, already set to compete in the Olympics
- ◎ Super disorganized, always late for lunch in the cafeteria
- ✂ Elected class representative every year, the beginnings of a great political career!
- ⊗ You would have liked some time to relax, if only gap years existed in high school...

### 2. You just arrived at the university, what does your typical day look like after taking the tram to campus?


- ✂ You drop by your favourite association's office before heading to the library
- ◇ You rush to the sports office to sign up for the surf course!
- ⊗ You attend your lecture and have an interview for a future internship at the end of the day
- ◎ "Wait... I don't even know the tram line to get to campus!!"
- △ You study with your friend and participate in the cooking workshop at the Student Health Centre

### 3. After a busy week, what's your plan for the weekend?

- ◇ Always on the lookout for new releases, you suggest a movie outing with your classmates
- ✂ You've already planned everything: (cleanwalk & DJ)-set
- ◎ You're looking for a new apartment: going on multiple roommate visits
- △ You take time for yourself: a relaxing afternoon and a stress management workshop
- ⊗ You have lots of projects, what better than an afterwork event to present your start-up?

# MOSTLY...




Mostly : You're always ready to get involved and help improve your daily life and that of others! head to page 30 to find out how you can get involved at the university.

Mostly : Do you love sports? Sharing your cultural favorites? Group activities? Find all our great tips to enrich your student life on page 46




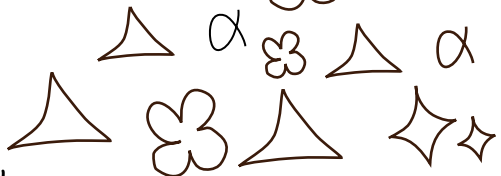
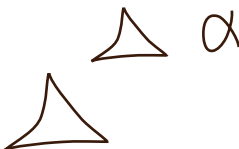
Mostly  $\alpha$ : You're forward-thinking, already planning for the future! What will your next internship be, your first job? To learn how to build your project, go to page 24



Mostly : You're not a management pro and need new strategies to get by. Find our tips for organising your daily life on page 36



Mostly : You want to take care of yourself and ensure a trouble-free academic year. Discover all our support actions for your success on page 18



# FIRST STEPS



# DIGITAL SERVICES FOR YOUR SUCCESS

## Digital work environment

Whether you are at home or out and about, you have access to a modern, high-performing educational environment: digital work spaces, information services, educational platforms... a large variety of technological tools are available that help you with your studies.

## Your email address

As soon as you register, the university will provide you with an email address that is valid for the duration of your studies. The format is as follows:

`first name.second name@etu.u-bordeaux.fr`

This is your reference email and should be used for exchanges with your professors and the administrative & educational services of the university.

## Your on-line educational resources

You have access to a variety of educational resources that are helpful for your classes. These resources are available 24 hours a day at home or elsewhere and include: class material, self-assessments, on-line exercises, etc.

### GET CONNECTED

Get yourself connected with our ENT system and validate your campus pass account:

→activation.

`u-bordeaux.fr`

If you have any problems, don't hesitate to ask your Student Life Centre for help!

# UNIVERSITY LIBRARIES

THE place to carry out your study and research! Publications and reviews may be consulted in the library or borrowed. There is also a wealth of on-line resources available (e-books, reviews, databases, etc.).

The university libraries cover all the disciplines proposed by the university and are located throughout all the campuses. Books may be borrowed with the Aquipass card and Internet access is available in all the libraries as well as group working spaces.

## Main university libraries

- X University library Marne**  
*18-22 cours de la Marne - Bordeaux*  
From September to December 2024:  
› Monday to Friday 9 am - 5 pm e  
septembre à décembre 2024 › Lundi  
au vendredi 9h-17h  
From January to August 2025:  
› Monday to Friday 8:30 am - 7 pm,  
Saturday 9 am - 6 pm
- X Life and Health Sciences**  
*146 rue Léo Saignat, Bordeaux*  
**05 57 57 14 52**  
› Monday to Friday: 8.30am - 10pm  
› Saturday: 9am - 6pm  
› Sunday\*: 1pm - 6pm
- X Human Sciences**  
*3 place de la Victoire, Bordeaux*  
**05 57 57 19 30**  
› Monday to Friday: 8.30am - 7pm  
› Saturday: 9am - 6pm
- X STAPS (Science and Techniques of Physical and Sport Activities)**  
*12 avenue Camille Jullian, Pessac*  
**05 56 84 52 33**  
› Monday to Friday: 8.30am - 6.30pm
- X Science & Technology**  
*Bât. B20 - allée Baudrimont, Talence*  
**05 40 00 89 89**  
› Monday to Friday: 8.30am - 10pm  
› Saturday: 9am - 6pm  
› Sunday\*: 1pm - 6pm
- X Law, Political Science, Economics**  
*4 avenue Denis Diderot, Pessac*  
**05 56 84 86 55**  
› Monday to Friday: 8.30am - 10pm  
› Saturday: 9am - 6pm
- X Libraries of Public law, Private law and History of law**  
*Legal research building  
avenue Léon Duguit, Pessac*  
**05 56 84 25 70 / 05 56 84 85 76 /  
05 56 84 29 77**  
› Monday to Friday: 9am - 5pm
- X Management Science**  
*35 avenue Abadie, Bordeaux*  
**05 56 00 96 75**  
› Monday to Friday: 8.30am - 6pm
- X Institute of Vine and Wine Sciences**  
*210 chemin de Leysotte, Villenave d'Ornon*  
**05 57 57 58 21**  
› Monday to Friday: 9am - 6pm

→ opening times : [bibliotheques.u-bordeaux.fr/infos-pratiques/horaires-et-calendriers](http://bibliotheques.u-bordeaux.fr/infos-pratiques/horaires-et-calendriers)

### **Reserve a study room**

8 libraries offer different types of study spaces, like group rooms and individual booths, that you can book through the university portal

### **With Babord+,**

the research interface offered by the university, you may directly consult from your home the catalogue of information resources, reserve a book or a document, prolong your book loan.

## **AQUIPASS CARD, A STUDENT CARD AND SO MUCH MORE...**

When you arrive at the university, you are provided with your personal Aquipass card. This is your student passport that will be your source of ID and will let you use the many services on offer: taking out books at the library, eating at the university restaurants... You may also carry out certain purchases thanks to the electronic Izly card system.

### **Izly, how does it work?**

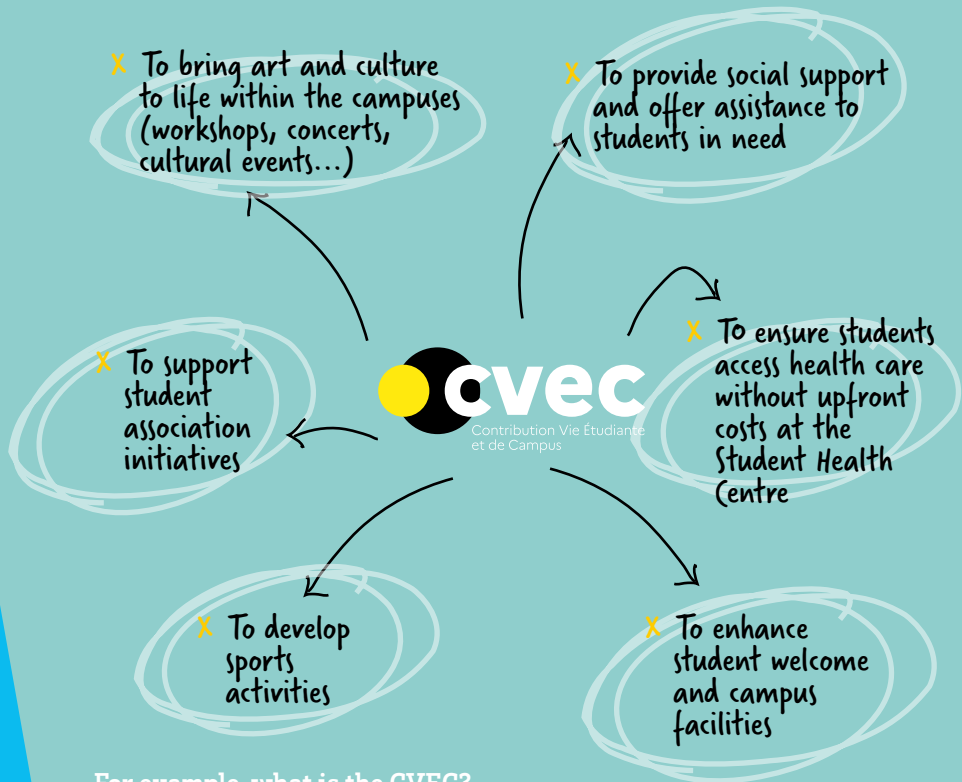
The Aquipass card has an integrated Izly card system. You must create an online account that can be credited in a totally secure way (the Student Life Centre may help with setting it up if necessary). It's up to you then to decide whether to pay with your contactless student ID or your mobile phone. This may be used in the university cafeterias and restaurants thus avoiding the need to pay in cash.

### **How to credit the Izly card?**

You can credit your account starting from 5€ with just a few clicks, whether from your mobile app or the web. You can transfer money from your Izly account to your bank account at anytime.

→ [izly.fr](https://izly.fr)

# STUDENT AND CAMPUS LIFE CONTRIBUTION (CVEC)



For example, what is the CVEC?

- Over 60 physical activities offered
- Free artistic practice workshops
- Events organised on campuses like "Fête! la rentrée"
- Free menstrual hygiene product dispensers
- Support for the Mayday Student Music Festival
- Renovation of building corridors



That cosy couch in the student life hub? It's funded by your contributions. The festival organised by student associations? Those free condom dispensers? Same deal! The CVEC is used to make your daily life better.

### Development of the Carreire campus student life hub

In this new space dedicated to student life, the furniture arrangements in the multipurpose room and the coworking space have been financed by the CVEC. You can also find a piano and a foosball table available for free access.

### offerings of the Student Health Centre

In addition to its role as a free health centre open to the student community, the Student Health Centre offers numerous events on health issues: access to care, mental health, sexuality, etc. You can also receive training in mental health first aid and participate in cooking or stress management workshops!

[sante-etudiants-bdx.fr](http://sante-etudiants-bdx.fr)

### Festival des engagé.e.s

Associations, university democracy, solidarity, sustainable development, improving living conditions on campus... The " Festival des engagé.e.s " celebrates all forms of engagement. Find booths, activities, and discover how to get involved and showcase your commitment.

See you on November the 26<sup>th</sup>

### Student Life Centre solidarity actions

On campuses, check out a program dedicated to social action: free thrift shops, seasonal fruit and vegetable distributions, talks on food transition, FSDIE social aid...

 [bveunivbordeaux](http://bveunivbordeaux)

### Tuesday concerts

From October to March, enjoy free concerts from 12 am to 2 pm on all campuses. With a programme co-produced with Bordeaux's cultural organisations and emerging artists to watch, it's an event not to be missed!

 [cultureunivbx](http://cultureunivbx)

# OUR GOAL: YOUR SUCCESS



# SUPPORT FOR STUDENTS WITH SPECIFIC NEEDS

Students with disabilities or long illnesses, high-level sports students, confirmed artists, elected students, other profiles according to criteria (employees...), the university supports you.

**With the PHASE service, you can benefit from:**

- > a local service
- > an evaluation of your needs and advice on your arrangements
- > a privileged contact in your training component

## DID YOU KNOW?

To benefit from PHASE service support, you'll need to put together a file, and remember to bring proof of your situation.

Please note: reporting deadlines apply to sportsmen and women, artists, employees and hired workers.

**Personalised and progressive support throughout your journey:**

- > Educational support
- > Technical and human help
- > Flexible arrangements for exams
- > Flexible studies and schedule arrangements

→ Contact the PHASE service on your campus, contacts p.52

→ [u-bordeaux.fr/etudiants-besoins-specifiques](http://u-bordeaux.fr/etudiants-besoins-specifiques)

# APPLYING FOR DISABLED WORKER STATUS DURING YOUR STUDIES

## What is disabled worker status?

Disabled worker status, known as RQTH in French (reconnaissance de la qualité de travailleur handicapé) is an administrative status that allows you to assert your rights and facilitates access to a wide range of education and employment measures for individuals with disabilities.

## Why apply?

Being recognised as a disabled worker isn't compulsory, however applying for this status does present a number of very important advantages, both during your studies and when looking for a job.

## How to apply?

Submit an application to the Maison Départementale des Personnes Handicapées (MDPH) of your place of residence. The decision from the MDPH does not mention the nature of the disability or illness, nor the degree of incapacity.

## Who can advise you at the university?

- x **Students and unfunded doctoral candidates:**  
Social worker at the Student Health Centre  
→ [servicesocial.esec@u-bordeaux.fr](mailto:servicesocial.esec@u-bordeaux.fr)
- x **Doctoral candidates with funding:**  
University disability contact correspondent  
→ [correspondant.handicap@u-bordeaux.fr](mailto:correspondant.handicap@u-bordeaux.fr)

To learn more  
→ "Students with disabilities" on  
[Service-Public.fr](http://Service-Public.fr)

→ [u-bordeaux.fr/faire-reconnaitre-son-handicap](http://u-bordeaux.fr/faire-reconnaitre-son-handicap)

# SOCIAL

During your studies, you can benefit from assistance if you are experiencing financial or social difficulties.

## Places to listen

The social service assistants at the Student Health Centre or Crous are there to listen, welcome and support you. They provide information on the various types of assistance available in the event of financial, family or material difficulties.

→ Contacts p.55

## If you have any questions

Regular information points are set up by the Student Life Centres on each campus to provide information on the university's financial aid. Do not hesitate to come and meet with them for any questions you may have about eligibility criteria, or for assistance with your online application.

Student Life Centres can also inform you about solidarity aid: food bank distributions, donation boxes, secondhand equipment at Etu'récup...

→ [bve.social@u-bordeaux.fr](mailto:bve.social@u-bordeaux.fr)

→ [u-bordeaux.fr/en/campus/daily-life/social-and-financial-aid](http://u-bordeaux.fr/en/campus/daily-life/social-and-financial-aid)

## LE COMPTOIR D'ALIÉNOR

x Social and solidarity  
food store

Students in financial difficulty can access food and hygiene products here at 10 to 30% of market prices.

→ [fede-atena.fr/  
le-comptoir-dalienor](http://fede-atena.fr/le-comptoir-dalienor)



# HEALTHCARE

## Social security affiliation

Depending on your situation, you will have to:

- > either join the French health insurance system to benefit from health coverage
- > or be the holder of a European Health Insurance Card (EHIC). In this case, the health insurance of your country of origin will cover your health expenses and refund you consequently.

*Please note, that for a stay of less than 3 months, it is not possible to benefit from social security in France. Health insurance is strongly recommended.*

## Complementary health insurance

In order to complete the reimbursement of your health expenses, which are not entirely covered by social security, you can subscribe to a complementary health insurance policy via the organisation of your choice.

## Repatriation and civil liability insurance

You must subscribe for repatriation and civil liability insurance to cover any costs and/or damages that could be caused during your stay in France.

Contact the "Mutual Health Insurances" for students which propose this type of insurance and may inform you on how to subscribe.

→ [etudiant-etranger.ameli.fr](http://etudiant-etranger.ameli.fr)

## GET TRAINED IN MENTAL HEALTH FIRST AID

This training enables participants to help a friend, a colleague, an acquaintance, or any other person experiencing psychological distress. It aims to improve mental health knowledge and to provide the general public with the necessary skills to assist as early as possible those who are developing a mental health issue or experiencing a mental health crisis.

The mental health first aid training (" PSSM " for " Premiers secours en santé mentale ") teaches how to respond and direct individuals to appropriate resource centers. It also helps reduce attitudes that reinforce stereotypes, thereby combating stigma. The training is free for students and lasts 14 hours over two consecutive days in person. There are no prerequisites required.

# STUDENT HEALTH CENTRE

To stay in good health while you're studying in France, feel free to visit the Student Health Centre.

Teams of medical professionals will welcome you, give you advice and information and direct you depending on your needs:

- x general medicine
- x sexual health
- x psychological support
- x nursing care
- x vaccinations
- x study adjustment notice
- x certificates of no contraindication to sport...

All without having to pay any fees (full third party payment).

Appointments can be made via [doctolib.fr/Espace Santé Etudiants Pessac](https://doctolib.fr/Espace-Santé-Etudiants-Pessac) or by telephone on 05 33 51 4200  
→ 22 avenue Pey-Berland in Pessac  
Tram B - Doyen Brus

The Student Health Centre also offers workshops on cooking, stress management and mental health first aid training, to make the most of your university year.

Monday to Thursday: 9am - 7pm  
Friday: 9am - 5pm

- > Open during the All Saints' Day holiday, and winter and spring holidays
- > Closed during the Christmas holidays and for 4 weeks during the summer holidays.

- [sante-etudiants-bdx.fr](https://sante-etudiants-bdx.fr)
-  [espace\\_sante\\_etudiants\\_bdx](mailto:espace_sante_etudiants_bdx)

# BUILD YOUR PROJECT





# FROM UNIVERSITY TO YOUR 1<sup>ST</sup> JOB

From your first steps at university to starting your career, the EOC (Career Guidance Centre) is here to guide, advise, and support you.

## Helping you with your studies, professional projects, and personal goals:

- > Career and guidance counsellors and psychologists
- > Walk-in sessions, individual coaching, specialised resources, workshops, and webinars
- [u-bordeaux.fr/en/career-guidance](http://u-bordeaux.fr/en/career-guidance)
- 05 57 57 18 04
- [orientation.carrieres@u-bordeaux.fr](mailto:orientation.carrieres@u-bordeaux.fr)

## YOUR TOOLBOX

- > Pro Fil Doc' curates resources on courses, careers, industry sectors, and the job market.  
→ [pro-fildoc.u-bordeaux.fr](http://pro-fildoc.u-bordeaux.fr)
- > Surveys by the University Life and Training Observatory provide key data on graduate outcomes.  
→ [u-bordeaux.fr/Formation/Enquetes-et-statistiques](http://u-bordeaux.fr/Formation/Enquetes-et-statistiques)
- > The internship directory lists companies and organisations that can host you.  
→ Check it out at the EOC

EOC walk-in sessions



## PRESS PAUSE: YOUR GAP YEAR AWAITS

To slow down the rush of studies or give yourself some perspective by changing your environment, a gap year ("césure") is a welcome pause allowing you to develop skills and broaden your personal or professional experience.

### What can it be used for?

Exploring the job market, engaging in a cause, furthering your education, or simply finding a change of scenery... The possibilities are numerous:

- > Civic service or volunteering
- > Volunteer work
- > Employment or personal project
- > Starting a business
- > Training (different from your initial course of study), including abroad
- > Internship unrelated to your studies (up to 6 months in the same organization)
- > etc.

You can apply for a gap year for one or two semesters, regardless of your level of study, including from the first year of undergraduate studies.

### What about my status during and after this break ?

Do not worry: you retain your student status, and the learning agreement you signed before starting your gap year guarantees you will return to your chosen course.

You just need to find your project!

→ [u-bordeaux.fr/Periode-de-cesure](http://u-bordeaux.fr/Periode-de-cesure)

## LANGUAGE CENTRES

Before setting off abroad, or simply to become more proficient, the university's three language centres can help you improve your foreign language skills throughout your course.

- Courses in English, Spanish, German and Italian... (depending on the language centre)
- Guided self-learning available

- English and Spanish conversation classes
- Preparation for the following certificates: TOEIC, Cambridge, TOEFL, IELTS... There are resources available to prepare you for these exams. The language centre teams will direct you towards the certificates which are most appropriate for your plans.

## IMPROVE YOUR FRENCH!

### Students within an exchange programme

You can benefit from French classes free of charge. These will help you follow and understand your specialty classes and also help your integration process within the campus and the city of Bordeaux.

### Students outside an exchange programme

Classes may be taken with the Alliance Française :

126 rue Abbé de l'Épée  
33000 Bordeaux  
05 56 79 32 80

→ [af@alliance-bordeaux.org](mailto:af@alliance-bordeaux.org)

› You may also contact Bordeaux Montaigne University, DEFLE

Study Department:  
French as a Foreign Language  
05 57 12 44 43

→ [defle@u-bordeaux-montaigne.fr](mailto:defle@u-bordeaux-montaigne.fr)

### " Moodle for French as a foreign language courses "

Improve your French before even coming to Bordeaux! All you have to do is connect to the online platform that provides all international students with free French language classes as well as advice and information for arriving and getting settled in Bordeaux.

→ [u-bordeaux.fr/en/plan-ahead-for-your-stay-in-bordeaux](http://u-bordeaux.fr/en/plan-ahead-for-your-stay-in-bordeaux)

# STUDENT ENTREPRENEUR: YES, YOU CAN!

An app to connect musicians, a surfboard made from beach-collected plastic... Got an idea to develop?

Or maybe you want to be your own boss but don't yet have all the tools to get started?

The University of Bordeaux encourages the entrepreneurial spirit through its UBee Lab incubator, which acts as both an idea lab and a support structure.

It offers initial information, orientation, and advice on entrepreneurship to all students and provides individual support to more advanced project leaders with the National Student Entrepreneur Status.

→ [ubeelab.u-bordeaux.fr](http://ubeelab.u-bordeaux.fr)

## READY, SET, APPLY!

1 - Apply for the National Student Entrepreneur Status (SNEE)

2- Apply to join UBee Lab and receive support:

- ✗ Free, well-equipped co-working spaces on multiple campuses
- ✗ Expert consultations and thematic workshops
- ✗ Connections with the local ecosystem to get grounded from the early stages of your project
- ✗ A stimulating community of budding entrepreneurs to break out of isolation

## TRY IT OUT!

Want to get into DIY?  
Interested in doing science differently? Check out these spaces on your campus where everyone can learn, collaborate and create.

### FabLab Coh@bit

The FabLab team will help you bring your digital fabrication projects to life. The goal? To work together and learn to use complex tools like 3D printers and cutting tools. Want to know more?

→ [FabLab Cohabit on the Bordeaux Institute of Technology campus in Gradignan](#)

### IMAGO – Living Lab

This experimental student housing prototype is a research ground: how to stay comfortable during the summer heat? Is wood-concrete mix or are bio-sourced materials better? How to meet tenants' needs? Student and research communities are testing an alternative housing model. Want to join the project?

→ [contact@livinglabimago.fr](mailto:contact@livinglabimago.fr)

### Science L@b 22

Located in the A22 building on the Peixotto campus in Talence, this new scientific space offers real lab experiments, with projects proposed by a teaching team or carried out independently. Want to use research equipment to test new ideas? Meet other students from different fields?

◆ [@science.lab22](#)



# ENGAGE IN YOUR UNIVERSITY



# TAKE ACTION!

Volunteering, joining an association, or running for an elected position: there are so many ways to get involved!

## Join a student association

With over 140 associations at the University of Bordeaux, you're sure to find one you love! And if you don't? Start your own! Get involved in cultural, sports, humanitarian, or academic activities and contribute to campus life.

→ [u-bordeaux.fr/en/associations](http://u-bordeaux.fr/en/associations)

FOR MORE INFO

→ contact your Student Life Centre

## Run for office

Get involved by standing as a candidate and participating in decisions that affect you. Student representatives play a key role in university decision-making, covering everything from teaching to student life, organization, and resources.

→ [u-bordeaux.fr/en/campus/getting-involved](http://u-bordeaux.fr/en/campus/getting-involved)

## Improve campus life

Join the campus life councils' working groups. They work year-round to improve quality of life on our campuses.

Learn more, propose your ideas, and bring your projects to life to enhance the campus with the student participatory budget.

→ [participation.u-bordeaux.fr](http://participation.u-bordeaux.fr)

## Highlight your involvement

Your involvement can take many forms: volunteer firefighter, reservist, association volunteer, civic service... All these actions can be recognised depending on your programme. Various options exist: engagement scheme, student engagement teaching unit, skills recognition, open badges...

## TRANSITIONS: TIME FOR ACTION

To tackle the environmental, social, economic, and political crises of our time, the university is taking transformative actions in favor of ecological and societal transitions. To do so, it relies on its committed communities, which have already been driving numerous initiatives for a long time.

Adopting eco-friendly habits in daily life, showing empathy, using awareness tools, joining a network of engaged individuals, participating in democratic life, and integrating more sustainable practices on campus: there are many ways to act.

The University of Bordeaux supports and accompanies these initiatives so that everyone can contribute and find their place in this collective project.

**KEEP AN EYE** out on campus and on social media: all year round, transition ambassadors (student jobs) conduct information and awareness campaigns.

 [ambassadeur.icestransitions](https://www.instagram.com/ambassadeur.icestransitions)

The university has established an independent body to evaluate its policies, **the Council for Environmental and Societal Transitions**. This council is composed of university community members and chaired by an external figure, providing critical and constructive feedback to help the institution improve and reach its goals. It is equally composed of men and women, and includes both students and staff.



## So, WHAT CAN YOU ACTUALLY DO?

Want to get involved in a more sustainable lifestyle? Check out some initiatives where you can learn more and make better choices!

### Green games: like "Jeopardy!" but for the planet

Structured like a TV game show, the Green Games are an inter-campus competition on social and environmental issues, held throughout the year. Win the grand finale and snag prizes like rugby tickets, surfing lessons, or even a trip.

### Got a green thumb? Check out the community gardens

Community gardens are the perfect place to get into permaculture and grow organic fruits and veggies:

- Appellation Origine Campus (AOC) on the Montesquieu campus
- L'astragale et la fourmi on the Peixotto campus

### Catch a ride with Karos

Carpooling to campus is way better, right? Use Karos, a free carpooling app that connects you with other students making similar trips.

Carpooling is great for the planet and your wallet!

### The GOAT of thrift shops: Etu'Récup

This is the place to be if you're looking for zero-waste tips or want to check out a thrift shop. Join workshops to repair and reuse items. Always wanted to fix that hole in your t-shirt? Or learn how to change a bike tire?

→ [eturecup.org](http://eturecup.org)

### "Eating for tomorrow"

A guide, written by and for the student community, that offers ideas for easy and quick recipes that are both environmentally friendly and healthy. You'll also find great tips and plenty of other advice on how to eat differently!

# THEY MAKE THE ♥ OF THE CAMPUSES BEAT

Who? our student associations,  
of course!

Nearly 140 associations at  
the University of Bordeaux

Spread across all sites and  
campuses.

Whether they are focused on academics, culture, sports, social issues, citizenship, solidarity, humanitarian efforts, environmental advocacy, health, or just plain fun, there's definitely one that suits you.

It's a great way to start the year by making friends and contributing to the community!

And if you don't find what you're looking for or have a very specific project, why not start your own?

Student Life Centres:  
the association experts

These centres know everything about creating associations, planning and funding projects, or organising events!

They are your go-to contacts for funding requests from (VEC and FSDIE (Fund for the support of student initiatives)).

→ [u-bordeaux.fr/sengager](http://u-bordeaux.fr/sengager)

# THEY INSPIRE US, HOW ABOUT YOU?

## Mayday

THE big end-of-year festival, which gathered almost 10,000 people in May 2024. Organised by the M-TECH association, it offers activities on transitions and a huge music lineup on the Peixotto campus in Talence.

 [mayday\\_smf](#)

## MEUF

M.E.U.F. (Universal Feminist Student Movement) is the student activist association dedicated to intersectional feminist struggles! On the Victoire campus, members offer various activities: creating zines, feminist news and agendas, cultural recommendations from artists. You can also join their awareness workshops and discussion groups.

 [meuf\\_asso](#)

## Choquez-nous

The idea is simple: teach as many people as possible the essential steps to take in case of cardiac arrest. That's what the "chockers," health students in the association, do during free 15-minute training sessions.

 [choqueznous](#)

## Tribune Montesquieu

With the goal of developing students' critical thinking, this law student association organises conferences, public speaking contests, and even fun mock trials, where prosecution and defence clash over various topics or characters (like Dionysus, the European Union, Tinder, or even Batman!).

 [latribunemontesquieu](#)



© Lucie Cruz

HOW DOES IT GO  
DAY-TO-DAY?

# ACCOMMODATION

Finding accommodation in Bordeaux can be a challenge! If you do not have a university residence and have not found a solution before leaving your home country, you will need to search for accommodation in the private sector. Don't hesitate to contact the Student Life Centres for help!

## Types of housing

- University housing (Crous)
- Social landlords (subject to means-testing)
- Private owners and residences

## Security deposit/Rental payment guarantee

When you rent an apartment, you must pay a security deposit equivalent to one or two months' rent, and have a guarantor (a person or organisation who assures payment in the event of your insolvency). → [www.visale.fr](http://www.visale.fr)

## Financial aid for accommodation

As with French students, you may qualify for student accommodation aid from the CAF (Caisse d'allocations familiales – Family Benefits Agency). For this aid, you must be a student and have a rental contract in your name. For non-EU students, you will need a residence permit that is valid for over 3 months. You may complete your application on-line via the following website:

**Demande en ligne sur** → [caf.fr](http://caf.fr)

## Accommodation insurance

Personal insurance is obligatory no matter your accommodation, whether you are staying with a friend or renting in the private sector. The insurance amount varies (between 40€ and 80€ per year) depending on the size of the apartment, the number of rooms and the risks insured (fire, theft, water damage, civil liability, damage to adjacent buildings, etc.).

## Student Life Centres

On the various campuses, they can help you finding accommodation, explaining contracts, applying for financial aid

→ [bve.logement@u-bordeaux.fr](mailto:bve.logement@u-bordeaux.fr)

Don't hesitate to ask for the student housing guide!

## Your arrival in Bordeaux

The university and the Welcome Offices are closed in August and on weekends. Students who will be staying in university residences must contact these residences before arriving to find out about opening dates and times.

If the student residence is closed, you will need to book a night or two in a hotel or Youth Hostel.

### A few tips

- Plan an extra budget for the first month for miscellaneous expenses
  - Beware of scams on housing websites
  - Never buy lists of accommodations or visits
  - Never pay money in cash and never pay the rent or the deposit before signing the lease.
- [u-bordeaux.fr/en/campus/daily-life/finding-accommodation](http://u-bordeaux.fr/en/campus/daily-life/finding-accommodation)

### Crous accommodation

- x **International students outside an exchange programme** (for graduate - Master/Doctoral students only) : If you wish to apply for a room in a university residence, you must complete an application on the Internet site of the Crous (Regional Centre of Student Social Services) as of early July. **For undergraduate (Bachelor) students, Crous accommodation is not available.**

→ [lescrous.fr](http://lescrous.fr)  
→ [messervices.etudiant.gouv.fr](http://messervices.etudiant.gouv.fr)

- x **International students within an exchange programme** : Erasmus students and international students within an Exchange Programme may apply for a room in a university residence as of early July. For this, you must contact the International Office for more information on the procedure to be followed (contact p.53).

### Good to know ?

- x **Étu'récup**, the campus recycling service which offers very affordable furniture, electronic appliances and dishes to help with your installation..  
→ [eturecup.org](http://eturecup.org)

- x **Studapart**  
The University of Bordeaux's dedicated housing platform with hundreds of exclusive offers: studios, flatshares, homestays... You may also benefit from personalised support throughout your stay/rent.

→ Contact : [booking@studapart.com](mailto:booking@studapart.com)  
→ [u-bordeaux.studapart.com/fr](http://u-bordeaux.studapart.com/fr)

### Useful terms

- x **Studio**: 1 room apartment with integrated kitchen and bathroom/toilet
- x **F1 ou T1 bis**: main room, separate kitchen and bathroom
- x **F2 ou T2**: sitting room and separate bedroom, bathroom
- x **CC**: "charges comprises" - utilities and other charges (water, electricity) included
- x **Équipé**: apartment with a fitted kitchen: oven, hot plates, fridge, sink
- x **Meublé**: furnished apartment with at least a bed, tables, chairs, sofa etc....

# FINANCE

## Cost of living

A monthly budget of approximately 750€ is necessary for living in Bordeaux. With your student status, you have access to certain services such as: university cafeterias and restaurants, libraries, reduced transport fees, sports facilities, etc.

The first month the budget is triple the usual amount as there are extra costs linked to settling in your accommodation, registering for the university, signing contracts for electricity, the telephone...

## Opening a bank account in France

If you are staying in France for longer than 3 months, you may open a bank account. The process is quite simple: you must simply provide your passport (or equivalent ID document), your residence permit (if a non-EU citizen) and proof of residence.

You will need a bank account in your name for many reasons:

- Financial aid for accommodation and Social Security reimbursements are paid automatically to a bank account;
- A checkbook is required to pay rent or electricity. You may also choose to pay by direct debit or with a credit card.

## Finding a student job

In order to earn some pocket money, you may find yourself a part-time job ("petit boulot" in French). These jobs include childcare, tutoring (including languages classes), carrying out surveys, seasonal agricultural work (picking strawberries, apples, grapes, etc.). Work regulations vary according to the type of visa. In most cases, it is possible to work up to 60% of a full-time job, around 20h per week.

## The university is hiring!

All year round, many departments employ students for various tasks.

→ [u-bordeaux.fr/job-etudiant](http://u-bordeaux.fr/job-etudiant)

## JOB DATING

→ From September 11<sup>th</sup> to 18<sup>th</sup>.

online preparation workshops and meetings with recruiters.  
over 700 job offers!

# EXAMPLE OF MONTHLY EXPENSES

## Accommodation

- × Room in university residence ..... 250 €
- × Student residences ..... 600 €
- × Private studio downtown ..... 600 €

## Repas

- × Meals in university restaurant  
(2 meals/day) ..... 186 €
- × Breakfasts ..... 40 €

## Transport

- × Tram/bus ..... 20,40 €

## Miscellaneous fees

- × Maintenance, clothes ..... 100 €
- × Supplementary insurance ..... 25 €
- × Hobbies and outings ..... 100 €
- × Phone subscription ..... 20 €

Monthly total ..... 1091 €  
(with a private studio downtown)

## Additional expenses for the first month

- × Accommodation expenses  
+ deposit and agencies fees  
(2 rent months approximately) ..... 1500 €
- × Registration fees (exemption  
for French government  
scholarship holders) ..... 300 €
- × Student life and campus  
contribution (CVEC) ..... 103 €
- × Liability insurance ..... 20 €
- × OFII tax ..... 60 €
- × School supplies, books, handout ..... 100 €

1<sup>st</sup> month total ..... 3174 €

(Monthly budget + additional expenses)

## MY BUDGET

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# TRANSPORT

All campuses of the University of Bordeaux are accessible by tram or bus and have self-service bike stations.

As a student, you are eligible for reduced public transport rates.

## The "Pass Jeune" card

This pass gives you access to the entire network (tram, bus, Bat3, and park-and-ride) if you are under 28:

- > Annual Pass Jeune: €20.40 per month\*
- > Monthly Pass Jeune: €34.40\*

These subscriptions can provide access to the use of self-service bikes, subject to a deposit.

## The "10 Voyages Réduit - Étudiant" card

For occasional travel: 10 tickets at a reduced price (8.30€). You must present the TBM card (free of charge) with this ticket as it validates the price reduction. The ticket is available for students under 28 years old (35 years old for international students) and gives you unlimited access to the tram, bus and Bat3 (the river shuttle) for an hour after initial validation of the ticket.

→ [infotbm.com](http://infotbm.com)

## Driving

### x EU citizens

If your driving license was obtained in a European country you have the right to drive in France whilst respecting the French road code of course!

### x Non-EU citizens

If you have a non-European driving license and you are settling in France, you have the right to use your license for one year maximum after the date of arrival in your main residence in France. This period cannot be extended and once it is finished your driving license must be exchanged for a French driving license.

### GOOD TO KNOW

> Bordeaux Métropole offers a solidarity-based pricing system with a fare adapted to resources

→ [tarificationsolidaire.bordeaux-metropole.fr/Accueil.aspx](http://tarificationsolidaire.bordeaux-metropole.fr/Accueil.aspx)

> TBM offers free bike loans and long-term rentals

→ [portail.cykleo.fr/levelopartbm](http://portail.cykleo.fr/levelopartbm)

# SAFETY AT THE UNIVERSITY

Ensuring your safety, both online and on campus, throughout your studies.

## Your go-to contact: PCSI

Fire? Need medical assistance? An assault? The university fire and rescue centre (PCSI) quickly intervenes on-site or remotely. PCSI agents are stationed on all campuses to ensure everyone's safety.

### How to reach the PCSI?

#### > Peixotto

05 40 00 89 79 (24/7)  
pcsi.talence@u-bordeaux.fr

#### > Montesquieu

05 56 84 29 88  
pcsi.pessac@u-bordeaux.fr

#### > Victoire

05 57 57 30 50  
pcsi.victoire@u-bordeaux.fr

#### > Carreire

05 57 57 14 50 (24/7)  
pcsi.carreire@u-bordeaux.fr

## Protecting your data

The university follows the General Data Protection Regulation (GDPR) when handling your personal data. The university pledges to use your data only for institutional needs, ensure its confidentiality and that those who handle it respect this confidentiality, while implementing all necessary measures for its protection.

## Watch out for phishing!

Phishing aims to steal your personal information. These are often fake messages pretending to be from the university, trying to trick you into clicking on links to steal sensitive information. If you've entered your credentials after clicking on a phishing link, change your IDNUM password immediately. If you receive a suspicious email, don't open it and mark it as SPAM. Reporting these emails helps ZIMBRA recognise them better.

Do you have doubts about the authenticity of an email? Do you think you have been a victim of fraud?

- > Immediately notify the Digital Services Centre and forward the suspicious elements to the address → [csn@u-bordeaux.fr](mailto:csn@u-bordeaux.fr)
- > Make sure to secure your computer and immediately change your password. Without this change, the attacker will still be able to use the obtained access.

# UNITED AGAINST DISCRIMINATION

- X Equality and diversity
- X Ensuring that everyone has the opportunity to be heard and not treated differently

## OUR FOCUS IS ON FOUR MAIN AREAS OF DISCRIMINATION:

- X origin,
- X gender,
- X sexual orientation,
- X disability.

Join us to highlight our collective dedication to respect and inclusivity :

- Equality fortnight in November
- The month of inclusivity in March
- and many other key moments throughout the academic year

## Fighting violence, supporting victims

- X The "cellule d'écoute, de veille et de signalement" (CEVS / Listening, monitoring and alert unit) is a confidential resource for victims or witnesses of harassment, discrimination, or violence.
- X Any student experiencing such issues can contact the unit through an online reporting form and receive assistance via email.

- Report form available on your ENT
- celluledeveille.etudiant@u-bordeaux.fr

# WHAT'S FOR LUNCH?

There are plenty of dining options on campus for lunch or dinner.

## Crous university restaurants

University restaurants are the go-to for students. Located near campuses, Crous teams serve complete and varied meals.

## Food trucks on Bordeaux campuses

The university also offers convenient, diverse (including vegetarian and vegan options) and affordable (from 4 to 10€) food truck options, even on remote sites! For schedules and updates, follow the Student Life Centre Instagram page or check the dedicated boards on your campus.

For opening hours and locations of university restaurants  
→ crous-bordeaux.fr/se-restauration  
→ Check the end of the guide for a list of dining halls.

## GOOD TO KNOW

With your Aquipass card you can pay for your meals, snacks, drinks in all the university restaurants and cafeterias. You may also pay with the Izly app on your telephone if you've forgotten your student card.

## A TIP?

Heat up your meals and have lunch in the student centres located on the different campus sites:

- |  |   |
|--|---|
| x Talence campus<br>→ ground-floor A22, A21 and B6 buildings | x Victoire campus<br>→ Station Marne    |
| x Pessac campus<br>→ Bât A, entrance A                       | x Carreire campus<br>→ Student Life Hub |

# FIGHTING FOOD INSECURITY

## Free food distribution

The pandemic has worsened food insecurity among students. In response, the University of Bordeaux, with local partners like Linkee and the Atena Federation, provides free food distribution to the most vulnerable students.

## Distribution locations:

- University pool at the Monadey campus in Talence
- Campus student life hub at the Carreire campus in Bordeaux
- University center for management sciences (PUSG), Bastide campus in Bordeaux
- ➔ [rendezvous.u-bordeaux.fr/centre/distribution-alimentaire](https://rendezvous.u-bordeaux.fr/centre/distribution-alimentaire)

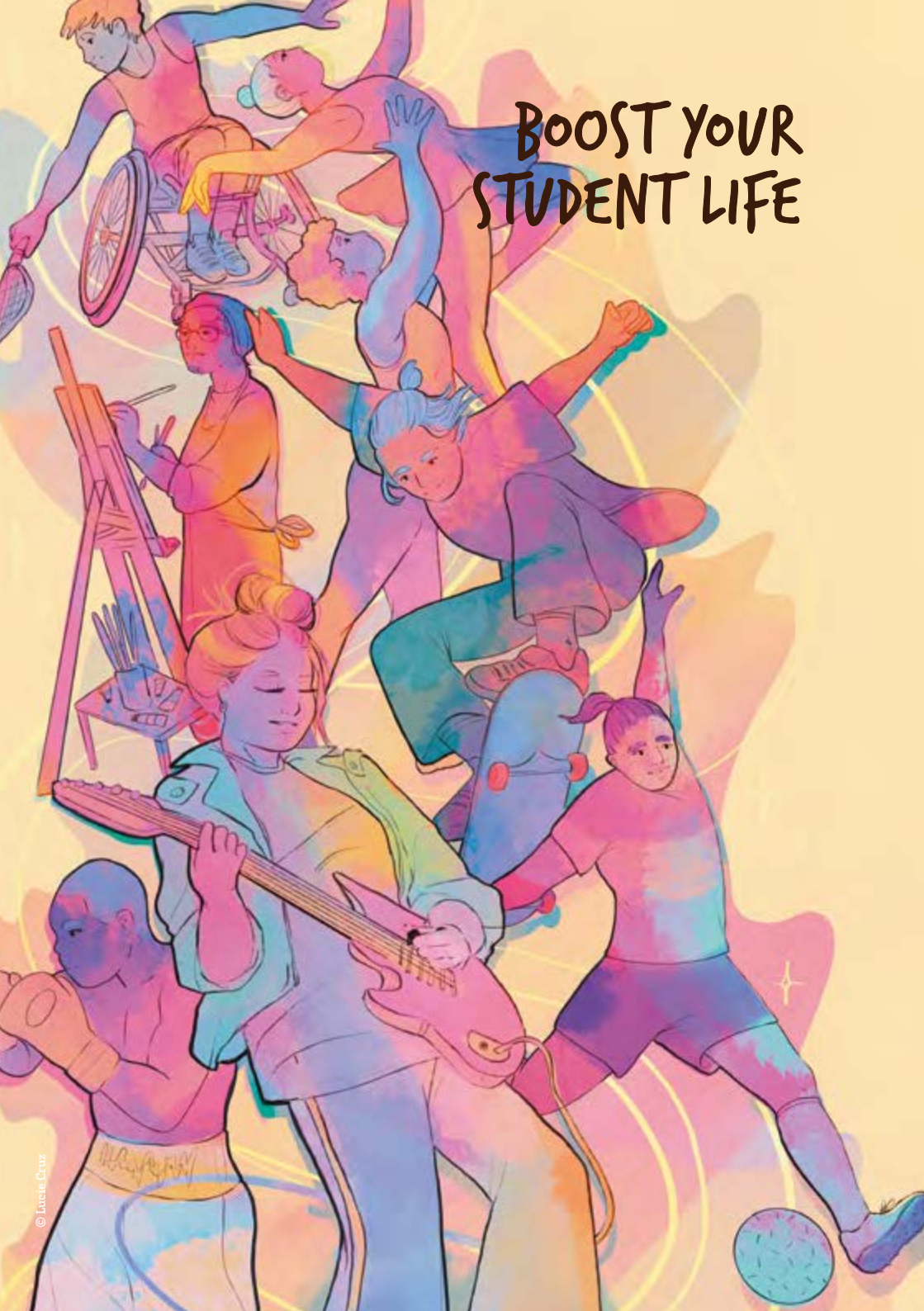
Note: no distribution will take place without prior scheduling through a social service assistant.

## SOCIAL GROCERY STORE

The Comptoir d'Aliénor offers food and other products at prices 60% lower than market value. To benefit from this, apply through the Atena Federation to become an association member.



# BOOST YOUR STUDENT LIFE



# CULTURE(S)

Practice, share, enjoy, debate, create, feel...  
So many unique moments on offer throughout  
your university year. Let yourself be carried  
away by the many and eclectic cultural events  
on offer.

- > A programme of shows, concerts, exhibitions, and artistic residencies on your campuses...
- > Numerous partnerships with cultural venues in the Bordeaux metropolitan area and on local campuses.

## A la carte workshops

Would you like to develop your drawing skills, discover the keys to good photography, try your hand at a trapeze act, play with words, share your favourite readings, or take part in a masterclass with a professional dancer or photographer?

- x Let yourself be tempted by our **many free practical arts workshops**, all year round, half-yearly, or at the weekend.
- x **And join Heureux Haz'art**, our student creation festival, every spring.

## On your campus too:

- > Free access to pianos
- > Practice spaces accessible under certain conditions
- > Student associations with cultural projects
- > Special support for student artists through the PHASE service (see p.14)
- > A "Culture, Arts, Sciences, Society" department to provide you with information and support for your own projects
- > **NEW in 2024:** a music rehearsal studio at Station Marne, on the Victoire campus

## FOLLOW US

-   CultureUnivBx
- [u-bordeaux.fr/culture](https://u-bordeaux.fr/culture)

# OPEN TO THE WORLD

## The convergence of arts and sciences: the uniqueness of cultural action.

- A dialogue between science and society guides "Les Rencards du Savoir", monthly meetings around the reflections that stir our societies and their issues.
- Dive into the exploration of the university's experimental forest with a series of podcasts, videos, and stories alongside invited researchers and artists.
- Discover numerous projects, notably during the FACTS festival, dedicated to this sometimes surprising encounter between arts and sciences, rich in knowledge, perspectives, and creativity.

### Welcome to THE university museum: the MEB

Right in the middle of the Victoire campus, the Musée d'ethnographie de Bordeaux (MEB) is home to around 6,000 non-European objects, mainly Asian, collected in the late 19th century. The MEB also houses a collection of 12,000 photographs. Its current exhibition, "The World in Resonance", on display until May 2025, invites you to explore objects and artworks from around the globe in a space designed to encourage personal reflection on themes like love, friendship, adversity, and self-discovery.

## Bringing science to everyone

- Created by two researchers from the Bordeaux Astrophysics Laboratory, "The Paths of Time" are two urban hikes that trace the history of the universe from its origins.
- For a different take on the world of science, the science mediation toy library offers discovery sessions with free games and an animation team during university events.
- The European Researchers' Night takes place every year at Cap Sciences. About a hundred Bordeaux researchers join in to interact with the public through games, conferences, and participatory experiments. Come discover science in a whole new way!



# SPORT

Collective action, commitment, solidarity, striving for excellence, and a taste for effort and performance. Or simply leisure, playing with friends, stress relief, relaxation, and well-being.

Sports at the University of Bordeaux encompass all of this, and so much more.

## An "à la carte" sports offer

Whether you are an experienced sportswoman or an occasional sportsman, you are spoilt for choice to recharge your batteries or improve your skills in the nearly 50 disciplines on offer.

You can choose between supervised practice (evaluated or not), open practice weightlifting, outings in the great outdoors or free practice alone or with friends.

## Want to represent the university?

Podiums await you based on your performance and desires!

Various levels of competitive practice are available to you:

- Academic championships at the regional level, in which teams from the campus sports departments compete
- French and European championships, in which the best athletes from the University of Bordeaux Sports Association (ASUBx) compete.

For more information, visit the sports office on your campus

→ [u-bordeaux.fr/en/campus/sports](https://u-bordeaux.fr/en/campus/sports)

## HIGH-LEVEL PRACTICE


The university favours the dual sporting and academic project of top, very good and good-level athletes

→ [u-bordeaux.fr/en/campus/sports/top-level-sports](https://u-bordeaux.fr/en/campus/sports/top-level-sports)

Please note the registration deadlines: by the end of September of the current year.

## FOLLOW US

→  [sport\\_univbordeaux](https://www.instagram.com/sport_univbordeaux)

→  [Sport université Bordeaux](https://www.facebook.com/Sport.universiteBordeaux)

# PHYSICAL ACTIVITY

If the word "sport" scares you, but you feel the need to move, the university makes it easy for you to engage in physical activity, regardless of your abilities.

## Test yourself to prevent risks

Starting from September 2024, it will be possible to assess your physical fitness with "fitness tests" designed to raise awareness about the dangers caused by a sedentary lifestyle on physical and mental health.

Accessible to everyone during various events throughout the academic year, these quick tests will allow you to:

- Assess your physical health in detail
- Receive advice to guide your practice and improve your well-being.

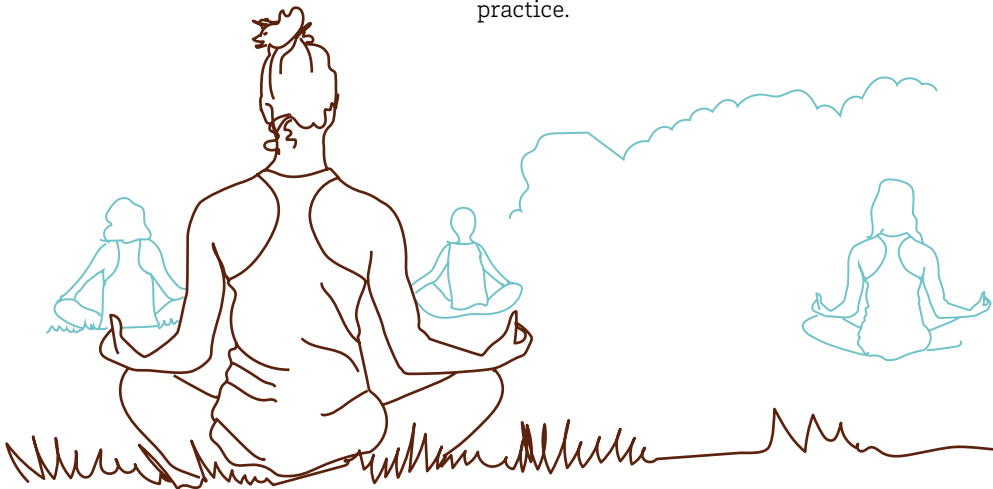
## Keys to moving more every day

Depending on your preferences, many physical activities without level prerequisites are available to you throughout the year. These include activities such as pilates, yoga, and strength training.

Discover them >



If you encounter significant difficulties in adopting physical activity at the university, you can benefit from specific time slots and personalised support in your practice.



# LIVING ON CAMPUS

These new spaces aim to mix uses and audiences while expanding the range of services available to students on campus.

## STATION MARNE

Starting this autumn, 4,100 m<sup>2</sup> dedicated to education, cultural life, and student activities will offer:

- ✗ A 400-seat auditorium for live performances and teaching
- ✗ A digital library with mediation and learning spaces, as well as individual or group study rooms that can be reserved through the ENT. Access collections from other university libraries via connected lockers.
- ✗ Areas for socializing and student cultural life
- ✗ A music studio
- ✗ The Student Life Centre (BVE), a point of contact and information for campus life, housing, and daily life
- ✗ Student associations from the Victoire campus
- ✗ Two fitness and sports areas

→ 18-22, Cours de la Marne  
33000 Bordeaux, open Monday  
to Friday, 9 am - 5 pm

## CARREIRE CAMPUS STUDENT LIFE HUB

Located at the campus entrance, this new building has been operational since January 2023.

It includes:

- ✗ Sports facilities for students and staff, with student associations and a sports office
- ✗ Workshops offered by the cultural service
- ✗ A coworking space
- ✗ Dining areas open from 12 pm to 2 pm with microwave access
- ✗ A multipurpose room with a games library
- ✗ An 18-seat meeting room
- ✗ A piano available for everyone
- ✗ A foosball table!

Reservations can be  
made by email at  
→ [secbve@u-bordeaux.fr](mailto:secbve@u-bordeaux.fr)



**GOT QUESTIONS?  
THEY'VE GOT ANSWERS!**

# AT YOUR ARRIVAL

## Student Life Centres

The Student Life Centres welcome all Bachelor, Master and Doctorate students.

They offer social support and are the gateway to student associations. They also organise numerous cultural, sports and integration activities.

### FOLLOW US

→ @bveunivbordeaux

#### > Peixotto and Bordes Campus (Talence)

bve.talence@u-bordeaux.fr  
05 40 00 84 84

#### > Victoire and Carreire Campus (Bordeaux)

accueilbve.victoire@u-bordeaux.fr  
05 57 57 19 56

#### > Montesquieu Campus (Pessac)

bve.pessac@u-bordeaux.fr  
05 56 84 62 60 / 05 56 84 62 61  
05 56 84 62 90

## International office

For international students (Bachelor, Master) within an exchange programme.

### x Peixotto and Bordes Campus (Talence)

- > Science and Technology
- > IUT de Bordeaux: Science and Technology
- > Institute of Vine and Wine Sciences (ISVV)
- > Evering Institute - Mérignac

→ Anna Gerykova, océane Feltrinini  
coming-talence@u-bordeaux.fr  
05 40 00 83 33 / 05 40 00 28 53

### x Victoire and Carreire Campus (Bordeaux)

- > Health Sciences & ISPED
- > Human Sciences
- > STAPS
- > INSPE: School of Education

→ Pauline Carreau, Inchirah Mousset  
incoming-carreire@u-bordeaux.fr  
05 57 57 13 01 / 05 57 57 46 77

### x Montesquieu Campus (Pessac)

- > Law, Political Science, Economics, Management
- > IUT de Bordeaux: Management
- > IUT d'Agen
- > IUT de Périgueux

→ Marine Moncaut, Manon Lacanal  
incoming-pessac@u-bordeaux.fr  
05 56 84 86 39 / 05 56 84 29 67

## For PhD students only

### X Graduate research school

Registration, changes that may occur during the PhD programme, examination procedures, awarding of the PhD degree, recruitment processes within the doctoral schools, etc.

351, cours de la Libération

33400 Talence - Building A33, 1<sup>st</sup> floor

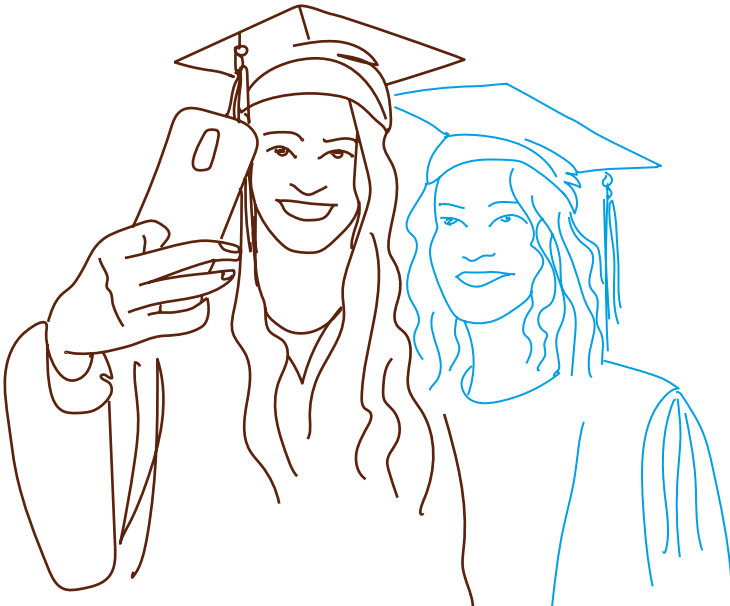
→ [college-doctoral.u-bordeaux.fr/en](mailto:college-doctoral.u-bordeaux.fr/en)

### X Welcome Centre for International Researchers

This centre provides support and advice for those at Doctorate level and above (PhD students, post doctorate students, visiting professors etc.).

→ [accueil.chercheurs@u-bordeaux.fr](mailto:accueil.chercheurs@u-bordeaux.fr)

05 40 00 68 73



# YOUR MUST-HAVES

## Student Health Centre

22 avenue Pey Berland - Pessac

05 33 51 42 00

Tram B, Doyen Brus. Monday to Thursday, from 9 am to 7 pm, Friday from 9 am to 5 pm

→ [sante-etudiants-bdx.fr](mailto:sante-etudiants-bdx.fr)

Make an appointment:

→ [Doctolib/Espace Santé Etudiants Pessac](mailto:Doctolib/Espace Santé Etudiants Pessac)

## Crous social service

05 56 33 96 15

[service.social@crous-bordeaux.fr](mailto:service.social@crous-bordeaux.fr)

From 8:30am to 12:30pm and from 1:30pm to 4:30pm

Make an appointment:

→ [crous-bordeaux.fr/social/prendre-rendez-vous](https://crous-bordeaux.fr/social/prendre-rendez-vous)

## Career Guidance Centre

Campus Victoire,  
Building F, 1<sup>st</sup> floor

Open with or without an appointment:

Mondays, Tuesdays and Thursdays from 1 pm to 6 pm, Wednesday from 9 am to 6 pm

→ 05 57 57 18 04

[orientation.carrieres@u-bordeaux.fr](mailto:orientation.carrieres@u-bordeaux.fr)

## Student vice-president

Mickaël Larivière

[vpe@u-bordeaux.fr](mailto:vpe@u-bordeaux.fr)

## Ambassadors for Transitions

→ [transitions@u-bordeaux.fr](mailto:transitions@u-bordeaux.fr)

→ [ambassadeur.icestransitions](mailto:ambassadeur.icestransitions)

## Sport facilities

x Sports Hall - Monadey campus

Monday to Thursday 9 am - 12 am / 1 pm - 3 pm, Friday 9 am - 12 am

Allée Pierre de Coubertin  
33400 Talence

→ 05 40 00 27 38 / 05 40 00 27 39

x Life hub - Carreire campus

Monday to Friday 8 am - 4pm

146 rue Léo Saignat

33000 Bordeaux

→ 05 57 57 14 03

x COSEC (Indoor Sports Complex) - Rocquencourt campus

Monday to Thursday 9 am - 12 pm / 1 pm - 3 pm, Friday 9 am - 12 pm

Domaine de Rocquencourt,  
avenue Jean Babin 33600 Pessac

→ 05 40 00 66 70 / 06 82 04 37 23

# ALL YOUR CONTACTS

## CARREIRE CAMPUS (BORDEAUX)

### Espace 5 D

- X Health College  
→ [assistance.college.sante@u-bordeaux.fr](mailto:assistance.college.sante@u-bordeaux.fr)
- X Student life centre  
→ 05 57 57 10 50  
[accueilbve.carreire@u-bordeaux.fr](mailto:accueilbve.carreire@u-bordeaux.fr)
- X Student vice-president  
at the campus life council  
→ [vpe.bordeaux@u-bordeaux.fr](mailto:vpe.bordeaux@u-bordeaux.fr)
- X PHASE service / specific needs  
→ 05 57 57 56 84  
[marie.le-parc@u-bordeaux.fr](mailto:marie.le-parc@u-bordeaux.fr)
- X Service culture  
→ 05 47 30 42 96  
[culture-bordeaux@u-bordeaux.fr](mailto:culture-bordeaux@u-bordeaux.fr)

### Carreire campus life hub

- X Multipurpose room, meeting room, and coworking space available for reservation  
→ [secbve@u-bordeaux.fr](mailto:secbve@u-bordeaux.fr)
- X Sports  
→ 05 57 57 14 03  
[sport-sante@u-bordeaux.fr](mailto:sport-sante@u-bordeaux.fr)

### Administration (1st floor)

- X International office  
→ 05 57 57 13 01  
[outgoing-carreire@u-bordeaux.fr](mailto:outgoing-carreire@u-bordeaux.fr)  
(étudiants sortants)  
[incoming-carreire@u-bordeaux.fr](mailto:incoming-carreire@u-bordeaux.fr)  
(étudiants entrants)

### Building ED

- X Language centre  
→ 05 57 57 95 33

### Building Faculty of Pharmacy

- X Doctoral school Health and Life Sciences  
→ [ed-svs@u-bordeaux.fr](mailto:ed-svs@u-bordeaux.fr)



## VICTOIRE CAMPUS (BORDEAUX)

### Station Marne

- X Student life centre  
→ 05 57 57 19 56  
[accueilbve.victoire@u-bordeaux.fr](mailto:accueilbve.victoire@u-bordeaux.fr)
- X Student vice-president at the campus life council  
→ [vpe.victoire@u-bordeaux.fr](mailto:vpe.victoire@u-bordeaux.fr)
- X Sports  
→ 05 57 57 56 53  
[sport-sh@u-bordeaux.fr](mailto:sport-sh@u-bordeaux.fr)
- X Service culture  
→ 05 57 57 19 96  
[culture-bordeaux@u-bordeaux.fr](mailto:culture-bordeaux@u-bordeaux.fr)

### Building G

- X Doctoral school Society, Politics, Public Health  
→ [edsp2@u-bordeaux.fr](mailto:edsp2@u-bordeaux.fr)

### Court Leyteire

- X Human sciences College  
→ [scolarite.sciences-homme@u-bordeaux.fr](mailto:scolarite.sciences-homme@u-bordeaux.fr)
- X PHASE service / specific needs  
→ 05 57 57 18 48  
[phase@u-bordeaux.fr](mailto:phase@u-bordeaux.fr)
- X Language centre  
→ 05 57 57 18 86  
[espacelanguages.victoire@u-bordeaux.fr](mailto:espacelanguages.victoire@u-bordeaux.fr)
- X International office  
→ 05 57 57 13 01  
[outgoing-carreire@u-bordeaux.fr](mailto:outgoing-carreire@u-bordeaux.fr) (étudiants sortants)  
[incoming-carreire@u-bordeaux.fr](mailto:incoming-carreire@u-bordeaux.fr) (étudiants entrants)

## MONTESQUIEU CAMPUS (PESSAC)

### Building

- x Sports  
→ 05 56 84 85 17  
sport-dspega@u-bordeaux.fr

### Building B

- x Doctoral School Law  
→ ed-droit@u-bordeaux.fr
- x Doctoral school Economic Sciences, Management and Demography  
→ ed-ecoges@u-bordeaux.fr
- x Student life centre  
→ 05 56 84 62 61  
bve.pessac@u-bordeaux.fr
- x Student vice-president at the campus life council  
→ vpe.pessac@u-bordeaux.fr
- x PHASE service / specific needs  
→ phase.pessac@u-bordeaux.fr  
05 56 84 29 28 / 85 08

- x International office  
→ 05 56 84 86 39  
outgoing-pessac@u-bordeaux.fr  
(outgoing students)  
incoming-pessac@u-bordeaux.fr  
(incoming students)

- x Culture  
→ 05 56 84 25 59  
culture-pessac@u-bordeaux.fr

### Building B (Entrance F)

- x Language centre  
Bât. F, 2<sup>e</sup> étage

### Building H

- x Law, Political sciences, Economics and Management College  
→ assistance.iaweb.  
dspega@u-bordeaux.fr

## PEIXOTO & BORDES CAMPUS (TALENCE)

### Building A1

- x Doctoral school Physics and Engineering  
→ edoc.spia@u-bordeaux.fr

### Building A 10

- x Doctoral school Chemical Sciences  
→ secretariat-edsc@u-bordeaux.fr

### Building A22

- x Science and technologies College  
→ inscription.administrative.  
tec@u-bordeaux.fr
- x Student life centre  
→ 05 40 00 84 84  
bve.talence@u-bordeaux.fr

- x Service PHASE – Profils  
PHASE Service / specific needs /  
Undergraduate / DAEUB /  
Preparatory class  
→ 05 40 00 35 59  
anouk.soultanian@u-bordeaux.fr  
> Graduate  
→ 05 40 00 30 83  
denis.clanet@u-bordeaux.fr
- x Sports  
→ 05 40 00 63 69  
sport-st@u-bordeaux.fr

### Building A21

- x Student vice-president  
at the campus life council  
→ vpe.talence@u-bordeaux.fr
- x Culture  
→ 05 40 00 24 75  
culture-talence@u-bordeaux.fr
- x Language centre  
→ 05 40 00 29 78  
dllc-st@u-bordeaux.fr

## OTHER CAMPUSES

### Tuition

- x ISVV  
→ isvv-scolarite@u-bordeaux.fr
- x INSPE  
→ assistance.iaweb@inspe-  
aquitaine.fr
- x IUT Bordeaux Bastide  
→ 05 56 00 95 54  
fvu-bastide@iut.u-bordeaux.fr

### Building A30 - LaBRI

- x Doctoral school Mathematics  
and Computer Science  
→ edmi@u-bordeaux.fr

### Building A33

- x Graduate Research School  
→ 05 40 00 24 46  
direction.collegeED@u-bordeaux.fr

### Bonnefont Castle (A37)

- x International office  
→ 05 40 00 83 33  
outgoing-talence@u-bordeaux.fr  
(outgoing students)  
incoming-talence@u-bordeaux.fr  
(incoming students)

### Building B5

- x Doctoral school Sciences  
and Environments  
→ edoc.se@u-bordeaux.fr

- x IUT Gradignan  
→ 05 56 84 57 20  
fvu-gradignan@iut.u-bordeaux.fr

### International office

- x IUT Bastide  
→ 05 56 84 86 39  
outgoing-pessac@u-bordeaux.fr  
(outgoing students)  
incoming-pessac@u-bordeaux.fr  
(incoming students)

- x INSPE  
→ 05 57 57 13 01  
outgoing-carreire@u-bordeaux.fr  
(outgoing students)  
incoming-carreire@u-bordeaux.fr  
(incoming students)
- x UF biologie, ISVV, IUT Gradignan  
→ 05 40 00 83 33  
outgoing-talence@u-bordeaux.fr  
(outgoing students)  
incoming-talence@u-bordeaux.fr  
(incoming students)

### PHASE service / specific needs

- x ISVV and INSPE  
→ 05 40 00 30 83  
denis.clanet@u-bordeaux.fr
- x STAPS  
→ 05 56 84 52 40  
julie.cornaton@u-bordeaux.fr
- x IUT de Bordeaux  
→ 05 56 84 58 92  
fabienne.eydon@u-bordeaux.fr

## AGEN CAMPUS

### Tuition IUT de Bordeaux

→ fru-agen@iut.u-bordeaux.fr

### International office

- x BUT GACO  
→ outgoing-pessac@u-bordeaux.fr  
(outgoing students)
- x BUT QLIO  
→ outgoing-talence@u-bordeaux.fr  
(incoming students)

## Sports

- x IUT de Bordeaux,  
site de Gradignan  
15 rue Naudet - Gradignan  
→ 05 56 84 57 38  
sports@iut.u-bordeaux.fr
- x INSPE  
→ 05 56 17 34 00  
pascal.grassetie@u-bordeaux.fr
- x IUT de Bordeaux site Bastide, pôle  
universitaire de sciences de  
gestion  
→ 05 56 84 85 17
- x ISVV  
Bât A21 – campus Talence  
→ 05 40 00 63 69  
sport-st@u-bordeaux.fr

### PHASE service / specific needs

→ phase@u-bordeaux.fr

- x IUT de Bordeaux → 05 56 84 58 92
- x DUSA → 05 40 00 35 59
- x INSPE → 05 40 00 30 83
- x IDE → 05 56 84 29 28

## Student life centre

x IUT de Bordeaux et DUSA  
→ 05 40 00 84 84  
bve.talence@u-bordeaux.fr

x DEJA  
→ 05 56 84 62 61  
bve.pessac@u-bordeaux.fr

## Culture

→ 05 56 84 25 59  
culture-pessac@u-bordeaux.fr

## PERIGUEUX CAMPUS

### Tuition IUT de Bordeaux

→ 05 53 02 58 54  
frv-perigueux@iut.u-bordeaux.fr

### International office

x BUT Carrières sociales et Tech. de Co  
→ outgoing-pessac@u-bordeaux.fr  
(étudiants sortants)  
→ incoming-pessac@u-bordeaux.fr  
(étudiants entrants)

x BUT Génie chimique et Génie  
biologique  
→ outgoing-talence@u-bordeaux.fr  
(étudiants sortants)  
→ incoming-talence@u-bordeaux.fr  
(étudiants entrants)

### Student life centre

→ 05 56 84 62 61  
bve.pessac@u-bordeaux.fr

## Sports

Responsable : Hervé Teissier  
→ 06 87 83 54 36  
herve.teissier@u-bordeaux.fr

## Campus nurse

Site du Pin → 05 53 77 57 07

Site Michel Serres → 05 53 48 06 40

### PHASE service / specific needs

→ phase@u-bordeaux.fr

x IUT de Bordeaux → 05 56 84 58 92

x IDE → 05 56 84 85 08

x INSPE → 05 40 00 30 83

## Culture

→ 05 56 84 25 59  
culture-pessac@u-bordeaux.fr

## Sports

Responsable : Marc Gabaud  
→ 05 53 02 58 52  
marc.gabaud@u-bordeaux.fr

## Campus nurse

Campus Périgord  
→ 05 53 02 60 94 / 06 24 61 41 69

## UNIVERSITY RESTAURANTS

### BON APPÉTIT !

You'll find university restaurants offering complete and balanced meals on all campuses as well as in the city centre. Your Aquipass card allows you to pay for meals, snacks, or drinks at all university restaurants and cafeterias.

FOR OPENING HOURS  
→ [crous-bordeaux.fr](http://crous-bordeaux.fr)

#### Bordeaux Campus and Bordeaux-Bastide Campus

- × Le 98 - Crous Cafet' + Crous Market'  
98 quai des Chartrons
- × La Bastide - Resto U' + Crous Market'  
15, avenue Abadie
- × Le Capu - Resto U'  
16 rue Jules Guesde
- × Le Musée - Crous Market'  
Place de la Victoire

#### Carreire Campus (Bordeaux)

- × Le Mascaret - Resto U' + Crous Market'  
146 rue Léo Saignat

#### Peixotto Campus (Talence)

- × La Soucoupe - Crous Market'  
A22

#### Montesquieu Campus (Pessac)

- × (S)pace' Campus - Resto U' + Crous Market' + Crous & Go' + Crous Relax'  
18 avenue de Bardanac
- × Le Crous Moovy Market'  
23 esplanade des Antilles
- × Le Forum - Crous Cafet' + Crous Market'  
2 avenue Léon Duguit
- × L'IEP - Crous Cafet'  
11 allée Ausonne
- × Resto U' n°2 + Crous Market'  
Avenue des Facultés
- × Le Sirtaki - Crous Cafet'  
Esplanade des Antilles
- × Le Veracruz - Crous Cafet'  
Avenue Maine de Biran

## PRACTICAL INFORMATION

### Emergency numbers

- x SAMU → 15
- x Firefighters  
→ 18 ou 112
- x Police → 17
- x SOS Médecins  
→ 05 56 44 74 74  
ou 3624
- x Anti poison centre  
→ 05 56 96 40 80
- x Social emergencies  
→ 115
- x SOS friendship  
→ 05 56 44 22 22
- x SOS suffering  
→ 05 56 67 00 71
- x SOS post abortion  
→ 0 825 33 18 19
- x SOS sexual violence  
→ 3919
- x Suicide listening  
service 24/7 → 3114
- x Victim support  
service  
→ 05 56 01 28 69
- x Emergency welcome  
centre for victims of  
violence  
→ 05 56 79 87 77
- x Bordeaux police  
station  
→ 05 57 85 77 77
- x Talence police station  
→ 05 57 35 77 22
- x Pessac police station  
→ 05 57 26 38 70)

### University of Bordeaux emergency numbers

- x Talence / Pessac  
→ 05 40 00 89 79
- x Victoire  
→ 05 57 57 30 50
- x Carreire  
→ 05 57 57 14 50

### Pharmacies open 24/7

- x Pharmacie  
des Capucins  
→ 30 place  
des Capucins  
33000 Bordeaux
- x Pharmacie  
des Grands Hommes  
→ 1 place  
des Grands Hommes  
33000 Bordeaux
- x Nearest on-call  
pharmacy → 32 37

### FRENCH NATIONAL HOLIDAYS

→ Halloween:  
1st November  
2024

→ 1918  
Remembrance  
Day: 11th  
November

→ Christmas:  
25th December

→ New Year's  
Day: 1st January  
2025

→ Easter  
Monday: 21st  
April

→ Worker's  
Holiday: 1st  
May

→ 1945 Victory:  
8th May

→ Feast of the  
Ascension: 29th  
May

→ Whit  
Monday:  
9th June

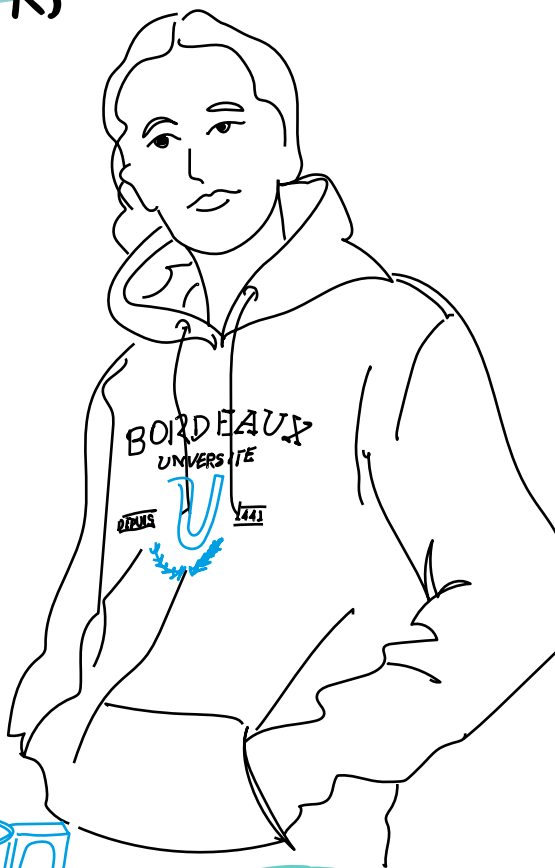
→ National  
Holiday:  
14th July

→ Assumption:  
15th August

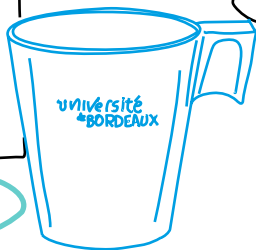
# HOIST THE COLOURS HIGH!

Want to proudly display the university's colours? Head over to our shop to perfect your outfit!

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OUR COLLECTION!



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To rock  
your style!



Brighten up  
your potential!







Everything's in the bag!

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Can't wait to put on your new tee? No worries! our shop offers a Click & Collect system:

- Select your pickup point
- Fill out an order form
- Pay online
- Pick up your goodies at one of our Student Life Centres (BVE)



To ORDER, VISIT:

→ [u-bordeaux.fr/  
campus/boutique](https://u-bordeaux.fr/campus/boutique)



Stay hydrated  
anytime!

# NOS CAMPUS & SITES

## BORDEAUX CAUDÉRAN

› Institut national supérieur du professorat et de l'éducation (INSPE)



## MÉRIGNAC

› Institut national supérieur du professorat et de l'éducation (INSPE)



## MÉRIGNAC

› Institut Evering : ingénierie aéronautique



## BORDEAUX

### Campus Carreire

› Collège des Sciences de la santé



## PESSAC

### Campus Montesquieu

› Collège Droit, science politique, économie et gestion

› Faculté des STAPS (Sciences et techniques des activités physiques et sportives)



## CAMPUS EN RÉGION NOUVELLE-AQUITAINE



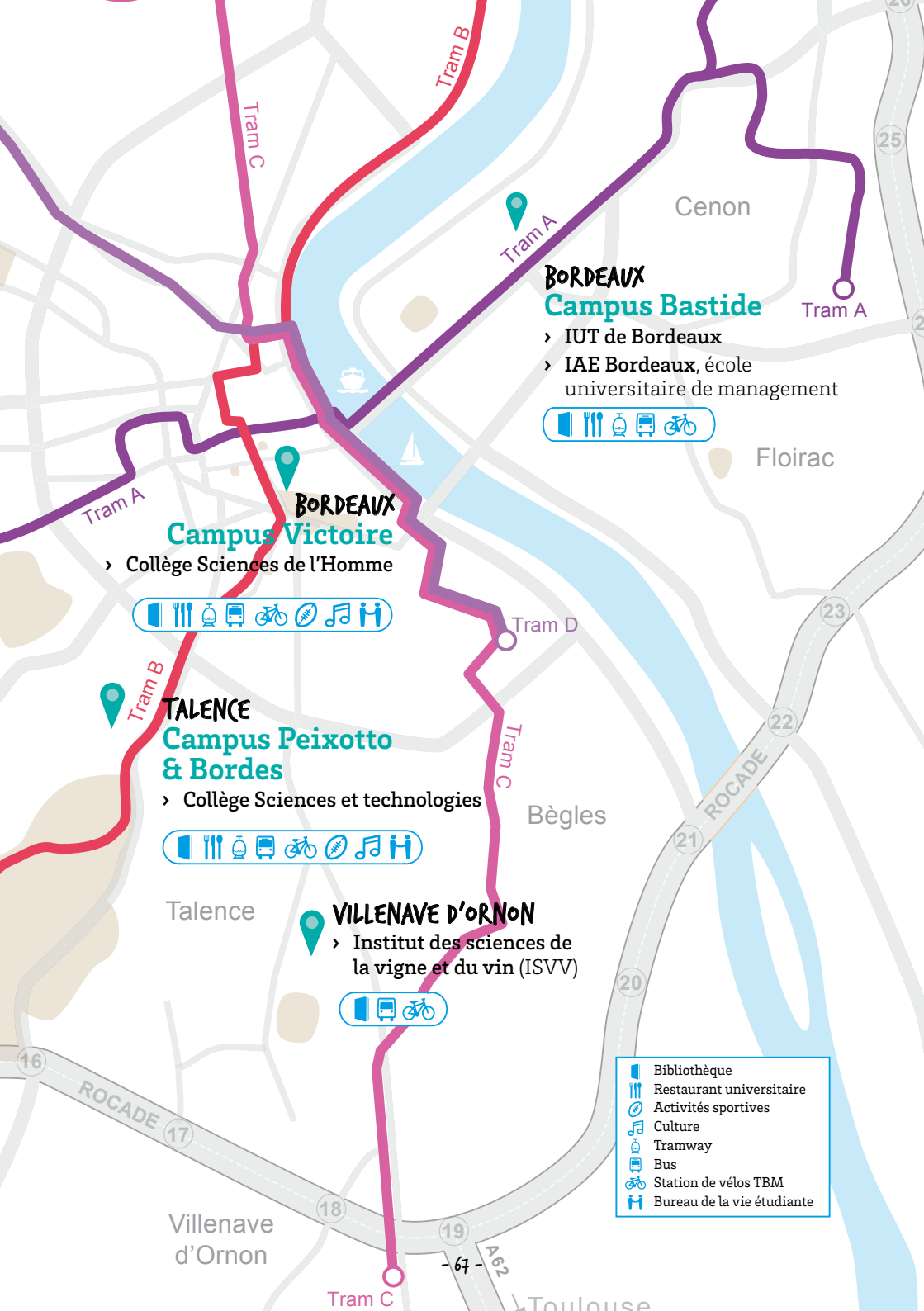
## Pessac

Tram B

## GRADIGNAN

› IUT de Bordeaux





### BORDEAUX Campus Bastide

- › IUT de Bordeaux
- › IAE Bordeaux, école universitaire de management



### BORDEAUX Campus Victoire

- › Collège Sciences de l'Homme



### TALENCE Campus Peixotto & Bordes

- › Collège Sciences et technologies



### VILLENAVE D'ORNON

- › Institut des sciences de la vigne et du vin (ISVV)



- Bibliothèque
- Restaurant universitaire
- Activités sportives
- Culture
- Tramway
- Bus
- Station de vélos TBM
- Bureau de la vie étudiante

Villenave d'Ornon

Toulouse